Jeffrey Waxman, M.D. grew up in Houston, Texas. After graduating from Yale University in 1976, he received his medical degree from the University of Texas Health Science Center in San Antonio in 1980 and then completed a Residency in Urology at Walter Reed Army Medical Center in Washington, D.C in 1985. He served his country as a urologist at Fort Hood in Killeen, Texas for several years before joining the Scott and White Clinic in Temple Texas. In 2010, he moved back to Houston for one year and pursued subspecialty training at Texas Children’s Hospital and is now also Board-Certified in Pediatric Urology. In addition to his busy clinic practice, he passionately pursues all aspects of wellness and has been the driving force in encouraging his wife Dr. Patricia Sulak to develop Living WELL Aware and complete her book *Should I Fire My Doctor?*

He and Dr. Sulak met while in medical school in San Antonio, and were married in 1980. They have two sons, Bart and Gabe.